



2025 REGIONAL MEETING

Building Healthy Communities:
Advancing Health Opportunities Across Populations

NMAREGIONV



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Welcome from the 125th NMA President

April 2025

Greetings, Esteemed Colleagues!

I am pleased to welcome you to the Region V Annual Meeting! The Region V leadership has again created an exciting, relevant, and timely program. This meeting will inform, educate, and equip attendees with the tools necessary to empower Black physicians to challenge the status quo and give a voice to the most vulnerable patient populations as we move the needle forward in eliminating health disparities.

I applaud Region V for their focus and theme of this meeting, ***"Building Healthy Communities: Advancing Health Opportunities Across Populations."*** As you know, the mission of the NMA is to address the diverse health needs of various populations by fostering collaboration, innovation, and inclusivity. By working together, we can break down barriers to health access and create sustainable solutions that benefit our patients and communities. Throughout this meeting, you will have the opportunity to engage with experts, community leaders, and fellow participants who are passionate about the work that must be done in order to making a difference for vulnerable and underserved populations. This meeting will explore a range of topics focused on improving health care and health care delivery in this country.

I encourage you to actively participate in discussions, share your insights, and collaborate with others. Your unique perspective is invaluable to our collective efforts. Together, we can advance health opportunities and build a future where everyone has the chance to thrive.

The NMA remains the leading voice for parity and justice in medicine for us and the patients we serve. I am very proud of all our work to drive significant impact and positive change through our engagement and effective collaborations with multidisciplinary connections. We continue to be the trusted messengers for our communities and remain vigilant in our efforts to speak on African Americans' specific needs and concerns.

Thank you for your continued support of the National Medical Association.

Sincerely,

Virginia A. Caine, MD



FROM THE DESK OF
MAYOR MONROE NICHOLS

Welcome!

On behalf of the City of Tulsa and its residents, I'm thrilled to welcome the members of the National Medical Association to our great city. Your commitment to addressing our nation's most pressing issues within the healthcare industry is incredibly honorable, and we are thrilled to host the Region V meeting in Tulsa.

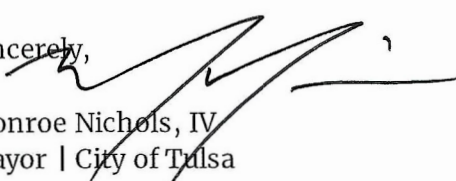
Tulsans are known for our warm and inviting spirit, especially when it comes to visitors. I invite you to explore everything we have to offer and what makes living on Tulsa time so special.

In your free time, you'll no doubt notice Tulsa is full of family-friendly attractions all over the city. Don't miss Gathering Place—the largest private gift to a community park in U.S. history, and completely free to the public! For hiking enthusiasts, Turkey Mountain is a perfect spot for hiking just minutes from downtown. And so much more. Tulsa offers a plethora of cultural attractions and destinations, from some of the world's best art curations at Philbrook Museum, an in-depth look into the lives of two of music's most influential figures at the Bob Dylan Center and Woody Guthrie Center, or a crucial and insightful look at Tulsa's history at Greenwood Rising located on Historic Black Wall Street.

For attendees that would like to explore The Capital of Route 66®, Tulsa features 28 miles of the Mother Road within its city limits. We are proud to feature unique businesses and restaurants along our stretch of Route 66, including Mother Road Market, Tulsa's first non-profit food hall and a two-time USA Today 10Best "Best Food Hall" winner.

As Mayor of Tulsa, I look forward to hosting the National Medical Association regional meetings in our dynamic, vibrant city. I hope your visit here is unlike anything else, and once you leave, we can't wait to have you back!

Sincerely,


Monroe Nichols, IV
Mayor | City of Tulsa

175 E. 2nd St., 15 Fl., Tulsa, OK 74103 | (918) 596-7411

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NMA Region V Executive Team



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DONALD PEGHEE, JR., MD



Region V Chair
National Medical Association Region V

Greetings NMA Region V Conference Attendees,

On behalf of the National Medical Association, Region V, it is my distinct privilege to welcome you to the **2025 Region V Conference**. We are thrilled to host this important event at the Downtown DoubleTree Hotel on April 4-5, 2025, under the timely and significant theme: **Building Healthy Communities: Advancing Health Opportunities Across Populations**.

This conference provides an invaluable opportunity for healthcare professionals, thought leaders and community advocates to come together and exchange ideas on how we can collectively address the critical health disparities facing our communities. The discussions we'll have, the collaborations we'll foster, and the strategies we'll develop here will directly contribute to advancing health equity and creating sustainable solutions for underserved populations.

To all of our attendees, speakers, and sponsors, I thank you for your commitment to being here and participating our conference. Your presence and engagement are what make this conference truly meaningful. I encourage you to take full advantage of the rich programming, networking opportunities, and discussions that will unfold over the next two days. Together, we can work toward a healthy future where everyone, regardless of their background or circumstances, has access to the healthcare they deserve.

Welcome to the 2025 NMA Region V Conference!

Warm regards,

A handwritten signature in dark ink, appearing to read "D. Peghee, Jr.", written in a cursive style.

Donald Peghee, Jr., MD
Regional Chair, National Medical Association Region V
Kansas City, Missouri

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MEET OUR TEAM



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MPH, FAAFP**

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NICOLE WASHTINGTON, DO



President
AC Jackson Medical Society

Dear NMA Region V Conference Attendees,

On behalf of the AC Jackson Medical Society, it is my distinct pleasure to extend a warm and hearty welcome to each of you to the 2025 NMA Region V Conference here in Tulsa, Oklahoma! We are thrilled to have you join us for this exciting and impactful event, which will take place at the Downtown DoubleTree Hotel on April 4-5, 2025.

The theme of this year's conference, **Building Healthy Communities: Advancing Health Opportunities Across Populations**, could not be more timely or relevant. As we gather in Tulsa, a city rich in history, diversity, and opportunity, we are reminded of the power we all hold in shaping the future of healthcare—locally, regionally, and nationally. The conversations, collaborations, and actions we take here will play a significant role in advancing health equity and improving healthcare outcomes for the populations we serve.

I am deeply grateful to our distinguished speakers for sharing their expertise and perspectives, and to each of you for being here to learn, grow, and contribute to the dialogue. It is through our collective efforts that we can push the boundaries of what is possible and create lasting change in the communities we care so deeply about. A special thank you to our generous sponsors whose support has made this conference possible. Your commitment ensures that we continue to have the resources and platforms needed to drive meaningful progress in healthcare.

Tulsa is excited to host you, and I hope you take some time to enjoy the hospitality and culture of our vibrant city. From the iconic art deco architecture to the thriving food scene, Tulsa offers something for everyone, and we are proud to share it with you.

Thank you for being part of this important gathering. Together, we can continue to build healthy, thriving communities and expand health opportunities for all. Welcome to Tulsa, and welcome to the 2025 NMA Region V Conference!

Warm regards,

A handwritten signature in black ink, appearing to read 'NWA' with a stylized flourish.

Nicole Washington, DO
President, AC Jackson Medical Society
Tulsa, Oklahoma



Activity Overview/Description: This two-day live meeting will feature dynamic and enriching sessions and panel discussion on topics that include climate change, managing chronic diseases, women's health, obesity and nutrition education, HIV updates, and healthcare wellness.

Target Audience: This activity is intended for Physicians, Physician Assistants, Podiatrists, and Nurse Assistants.

Accreditation Statement:

The National Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement:

The National Medical Association designates this live in-person activity for a maximum of **12.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Learning Objectives:

- **Women's Health** – Evaluate disparities in women's healthcare outcomes and identify evidence-based strategies to improve maternal health, reproductive care, and preventive services for Black and underserved women.
- **Chronic Disease Management** – Assess innovative clinical and community-based interventions to reduce the burden of chronic diseases such as hypertension, diabetes, and cardiovascular disease in historically marginalized populations.
- **Health Policy & Advocacy** – Examine the impact of current and emerging health policies, including Medicaid expansion and payment reform, and develop advocacy strategies to promote equitable healthcare access.
- **HIV Treatment & Prevention** – Discuss advancements in HIV treatment, PrEP, and aging with HIV while addressing the unique challenges faced by Black healthcare providers in prevention and patient care.
- **Mental Health Equity** – Explore culturally responsive mental health interventions and policy initiatives aimed at reducing stigma and improving access to behavioral health services in diverse communities.
- **Breast Cancer Innovation** – Analyze the latest advancements in biomarker testing, precision medicine, and targeted therapies to improve early detection and survival rates among Black women.
- **Quality Metrics & Health Equity** – Investigate how embedding quality measures in healthcare delivery can reduce disparities, improve patient outcomes, and promote accountability across healthcare systems.

Unapproved Use of Disclosure:

Please note that this activity may contain discussions of unlabeled uses of FDA-approved products, AND/ OR discussions of investigational products not yet approved by the FDA. Please refer to the official prescribing information for approved indications, contraindications, and warnings.

Summary of Planning/Faculty Disclosure:

In accordance with the ACCME's Standards for Integrity and Independence, all persons who control the educational content of NMA accredited activities must disclose all financial relationships with any ineligible companies that they have had over the past 24 months. NMA uses the ACCME's definition of ineligible companies: Those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. There is no minimum financial threshold. NMA determines whether any of these relationships is relevant to this activity. All the relevant financial relationships identified for persons in a position to control activity content have been mitigated.

The following planners, moderators, and speakers declare no relevant relationship with commercial entities.

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- Jacqueline Blocker, JD
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- Virginia Caine, MD
- Crysta Chatman, MD
- Syeachia Dennis, MD, MPH, FAAFP
- Krystal Dunham, MS RDN, LD
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- Brittany Taylor, DO
- Ronda Tillman, MD
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- Kari Webber, CAE
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- Derick Young, MD

The following planners, moderators, and speakers declare the following relations with commercial entities.

- Roger Bedimo, MD: Gilead Sciences- Advisory Board; Janssen-Advisory Board; Merck-Advisory Board; Shionogi- Advisory Board; Viiv Healthcare- Advisory Board
- Yolanda Lawson, MD: Eisai- Speaker
- Galen Manning, MS, PMP, CHDA: Medtronic- Stock
- Lauren Powell, MPA, PhD: Biogen- Employee, Stock; Takeda-Stock
- Jacqueline Smith: Coloplast-Employee
- Melissa Walker, DO: Coloplast- Consultant
- Leonard Weather, Jr., MD, RPH: Pfizer- Speaker



Disclaimer:

National Medical Association and their staff are not responsible for injury or illness resulting from the use of medications or modalities discussed during this educational activity. The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgement of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

Instructions to Receive Credit: Participants must view the CME materials, attend the live activity, and complete and submit the evaluation and return the completed CME Credit Attestation form.

Evaluation

Please scan the QR Code OR go to the link to complete the evaluation for this educational activity.



<https://www.surveymonkey.com/r/YDLWC7L>

TIME	Thursday, April 3, 2025
6:30-8:30 pm	Chair's Welcome Reception Hosted by Donald Peghee, Jr., MD Region V, Chair National Medical Association
TIME	Friday, April 4, 2025
10:00 am-4:00 pm	Registration
11:30 am-1:00 pm	Building Healthy Communities: Advancing Health Opportunities Across Populations Luncheon Lauren Powell, MPA, PhD (Moderator) Head of Health Equity Biogen Virginia Caine, MD 125 th President National Medical Association Sharon Smallwood, MD Medical Director Quality Management Cherokee Nation Health Services
1:00-1:45 pm	Embedding Quality Measures to Promote Healthy Communities Yolanda Lawson, MD (Moderator) Immediate Past President (124 th President) National Medical Association Galen Manning, MS, PMP, CHDA Manager, Clinical Program Analytics Integris Health Michael J.E. Grier, MPH Director of Federal Affairs National Committee for Quality Assurance Derick Young, MD, MBA Senior Medical Director, Southeast Texas Market WellMed Medical Group
1:45- 2:30 pm	Addressing Social Determinants of Health: Public Health Interventions to Improve Health Opportunities Ronneal Matthew, MPH, PhD (Moderator) Population Health Strategy Lead Humana Healthy Horizons of Oklahoma Chychy Smith, DrPH, MPH, MCHES Director Office of Health Disparities Elimination Arkansas Department of Health

Matifadza Hlatshwayo Davis, MD, MPH, FIDSA

Director of Health

City of St. Louis

Kari Webber, CAE

Executive Vice President

Oklahoma Academy of Family Physicians

2:30-3:15 pm

Pipeline to Progress: Cultivating and Preserving a Diverse Workforce for Future Healthcare

Maurice Sholas, MD, PhD (Moderator)

Chair

National Medical Association

Sheritta Strong, MD, MBA, DFAPA

Assistant Vice Chancellor of Engagement

University of Nebraska Medical Center

Michael Weaver, MD

Clinical Professor, Emergency Medicine

University of Missouri at Kansas City School of Medicine

3:15 - 3:30 pm

Exhibitor Showcase & Break

3:30-4:15 pm

Medicaid: Sustain vs. Survive

Sonja Hughes, MD (Moderator)

Independent Consultant

Syeachia Dennis, MD, MPH, FAAFP

Chief Medical Officer | Regional Vice President

Humana Healthy Horizons of Oklahoma

Terry Mills, MD, MMM, CPE, FAAFP, FACHE

Chief Medical Officer

Aetna Better Health of Oklahoma

Keisia Sobers-Butler, DNP, MSN-ED

Vice President Population Health & Health Equity Oklahoma

Complete Health

Centene Corporation

4:15-4:45 pm

Increasing Diversity in Clinical Trials: Strategies for Overcoming Barriers

Tamika Kelley, BSc.

EVP, Clinical Operations

Cedar Health Research / Aspen Insights

Yemi Gbohunmi, MD, PhD

Medical Director & Principal Investigator

Cedar Health Research / Aspen Insights

4:45 - 5:45 pm

Exhibitor Showcase and Networking Reception

6:30- 8:00 pm **It is APOL1: Beneath the Surface of Kidney Disease in People of African Ancestry (Dinner Program) Non-CME**
Shaletha Jones, MD (Moderator)
Hospitalist, Chief of Staff
Quachita County Medical Center

Margaret B. Collins, MD, FASH
Medical Director, Global Medical Affairs
Vertex Pharmaceuticals Incorporated

Rendezvous Room
Vast Bank Building | 6th Floor Rooftop
110 N Elgin
Tulsa, OK

TIME	Saturday, April 5, 2025
7:30-9:00 am	Exhibitor Showcase Breakfast
8:00- 8:45 am	Healing from the Inside Out: Navigating Physician Mental Health in a Changing Landscape Nicole Washington, DO (Moderator) Founder and Owner Elocin Psychiatric Services
	Shamalon Johnson, MD Psychiatrist President, New Orleans Medical Association
	Dion Owens, MD Medical Director Adult Unit Parkside Psychiatric Hospital & Clinic
	Kyle Hill, MD Resident Psychiatrist
	Brittany Taylor, DO Resident Psychiatrist
8:45-9:30 am	Pediatric Mental Health: Addressing the Growing Crisis in Diverse Communities Jihan Abdul-Haqq, MD (Moderator) Integrative Pediatrician & Mental Health Coach
	Ranelle Bracy-Lewis, DO Child And Adolescent Psychiatrist Be Well Psychiatry
	Runako Whittaker, MD Pediatrician Westview Pediatric Care
9:30-10:15 am	Reducing Disparities and Inequities in Women's Health: Problems and Solutions Yolanda Lawson, MD (Moderator) Immediate Past President (124 th President) National Medical Association

William Greenfield, MD, MBA
Professor Obstetrics & Gynecology
University of Arkansas for Medical Sciences

Leonard Weather, Jr., MD, RPH
Director
Omni Fertility and Laser Institute

10:15-11:00 am **Opportunities to Close the Nutrition Equity Gap: Amplifying Cultural Relevance of Dairy Foods in Tackling Health Disparities**

Donald Peghee, MD (Moderator)
Chair
National Medical Association, Region V

Krystal Dunham, MS RDN, LD
Owner and Founder
The Mother Road Dietitian, LLC

11:00-11:30 am **Immunization Update**

Stan Grogg, DO
Associate Dean
Oklahoma State University-CHS

11:30 am-1:00 pm **HIV Treatment, Prevention, and Aging: The Roles and Challenges for Black Healthcare Providers**

Keith Rawlings, MD
Internal Medicine
HIV Sub-Committee
National Medical Association

Roger Bedimo, MD
Chief, Infectious Diseases
VA North Texas Health Care System

1:00-1:45 pm **Clinical and Advocacy Approaches to Combat Chronic Diseases in Southern Populations**

Melissa Walker, DO (Moderator)
Owner and Founder of Carol Clinic for Family-Centered Healthcare

Anthony Fletcher, MD
President
Association of Black Cardiologists

Gary Sheppard, MD
Internal Medicine
Southwest Memorial Physician Associates

Crysta Chatman, MD
Assistant Professor, Dept of Family and Community Medicine

Lorene Cooper Hasbrouck Chair in Family and Community
Medicine
OU- Tisdale Clinic, Medical Director

1:45-2:30 pm

**Unlocking Potential: Addressing Cancer Mortality Through
Expanded Biomarker Testing**

Kerri Gober (Moderator)

Associate Chief of Staff
Discovery/Research
American Cancer Society

Ronda Henry Tillman, MD

Surgical Oncologist
University of Arkansas for Medical Sciences

2:30-3:15 pm

**Reimagining Access: Public Health Solutions and Policy
Innovations for All Communities**

Jacqueline Smith (Moderator)

Senior Manager, Public Affairs
Coloplast

Jabraan Pasha, MD, FACP

Senior Advisor, Community Health
Tulsa Mayor's Office

Jacqueline Blocker, JD

Attorney and Health Advocate

Marlene Stanton Battle, PharmD

President
Arkansas Medical Dental and Pharmaceutical Association

Representative Ajay Pitman

Oklahoma's 99th District

6:00-7:30 pm

Greenwood Rising Museum Tour

Celebrating the Rich History of Tulsa's Past and Present
3 North Greenwood Ave
Tulsa, OK

7:30-11:00 pm

Black Trivia Night and Social

Hosted by AC Jackson Medical Society

The Chamber
124 N. Greenwood Ave
Tulsa, OK

TIME

Sunday, April 6, 2025

8:30- 10:00 am

Region V Business Meeting

Virtual Option Available

Yolanda Lawson, MD

Immediate Past President,
National Medical Association
124th President



Greetings Members of the National Medical Association,

As members of the National Medical Association (NMA), we hold a shared commitment to advancing the health and well-being of the communities we serve. Today, I encourage you to join a pivotal initiative aimed at addressing one of the most persistent health challenges disproportionately affecting Black Americans: tobacco-related health disparities and lung cancer screening inequities.

The Black Health Block Quit and Screen Project, funded by the National Institute on Minority Health and Health Disparities (Grant #P50MD01739), is a collaborative effort to:

Tackle Tobacco-Related Health Disparities: Smoking remains one of the leading preventable causes of illness and death in Black American communities, contributing significantly to conditions like lung cancer, cardiovascular disease, and chronic obstructive pulmonary disease.

Empower Providers with Cessation Training: Evidence-based smoking cessation training equips providers to deliver effective counseling and interventions tailored to the unique cultural and social contexts of our patients.

Address Lung Cancer Screening Gaps: Black Americans are more likely to be diagnosed with advanced-stage lung cancer due to underutilization of screening services. This initiative seeks to bridge that gap through increased awareness, education, and access to low-dose CT scans.

By participating in this initiative, you can play a vital role in reducing the burden of tobacco-related illnesses in our communities. Together, we will empower patients with resources to quit smoking, advocate for equitable screening practices, and help reshape a future where lung cancer disparities are no longer the norm.

How You Can Get Involved:

Participate in Online Brainstorming Activity: Please take a 2-minute screener to see if you are eligible. If you are eligible, please complete a 15-20 online brainstorming activity.

https://ecu.az1.qualtrics.com/jfe/form/SV_1MrSSJsw3cZbAcC

Participate in Online Survey: Please take a 2-minute screener to see if you are eligible. If you are eligible, please complete a 20-25 online survey. <https://redcap.vcu.edu/surveys/?s=3CE3DRW937Y44DPT>

Your participation can make a profound difference. Thank you for your dedication to this vital cause.

With gratitude and determination,

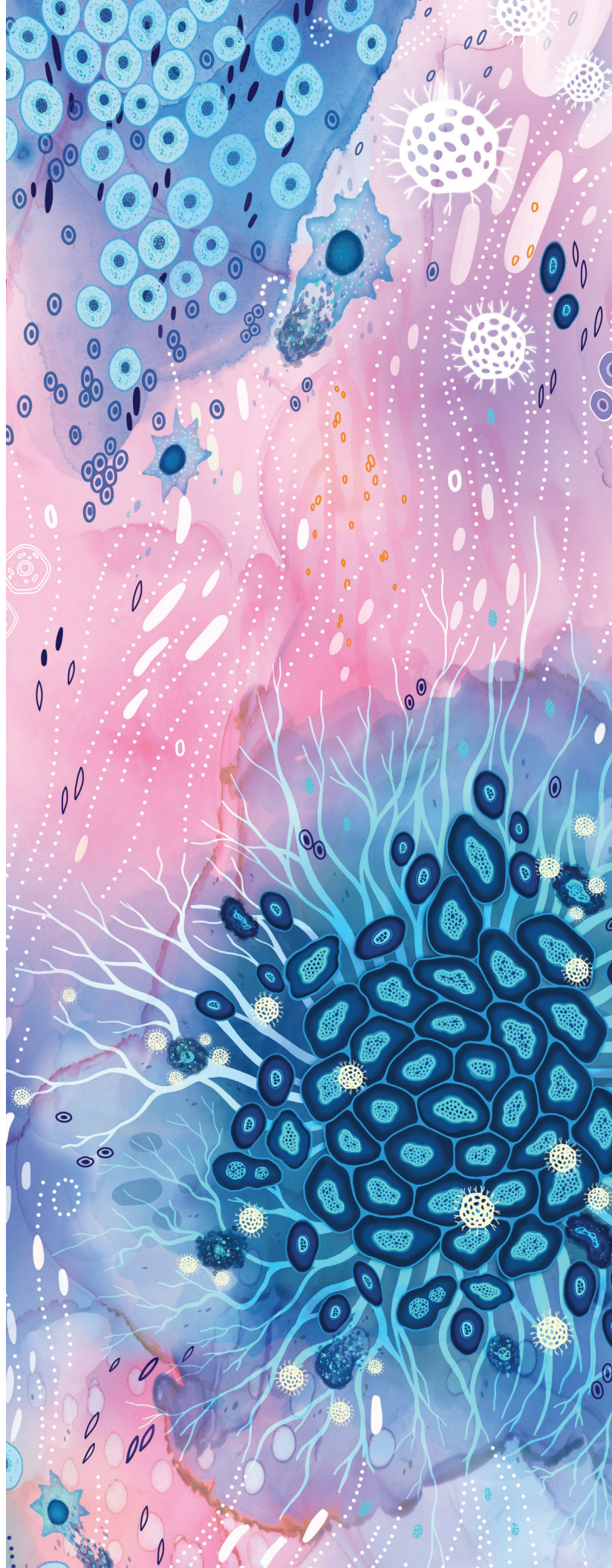
Yolanda Lawson, MD, FACOG
Immediate Past President, National Medical Association



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NEW!

May 29 –30: EXPLORE Healthcare Summit
May 31: OAFP Scientific Assembly



NEW!

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OKC Convention Center



Register by April 9 and Save
Complimentary registration for Medical Students and Residents

EXPLORE Healthcare Summit 2025 provides you the unique prospect to enhance your knowledge, network with colleagues and succeed at the challenging expedition of medicine. Attending **EXPLORE**, a comprehensive, one of a kind regional conference will guide you to innovative solutions and valuable information for your daily journey in the healthcare environment. With continuing education credits, nationally recognized speakers, insightful breakout sessions and more, **EXPLORE** is the 2025 event you do not want to miss.

We are pleased to announce our partnership with the Oklahoma Academy of Family Physicians to host their 77th annual **Scientific Assembly** at **EXPLORE** with an additional day of education on Saturday, May 31.

Our 2024 keynote speakers include:



MALLORY WEGGEMANN

4x Paralympian & 7x medalist,
NBC Sports Olympics and
Paralympics host, Author,
Director, Equality Activist



ANTHONY ORSINI, DO

Keynote Speaker, Author
and Practicing ICU
Physician



DALE BRATZLER, DO, MPH

Dean, Hudson College of
Public Health; Professor,
Colleges of Medicine and
Public Health



RYAN CAMPBELL

Youngest Solo Pilot
to Circumnavigate
the Globe, Plane
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Author of *Born to Fly*

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National Medical Association Journal Supplement Resources



[Executive Summary: The Role of Dairy Food Intake for Improving Health among Black Americans Across the Life Continuum](#)



[The Role of Dairy Food Intake for Improving Health among Black Americans Across the Life Continuum: A Summary of Evidence](#)



[A Review of Dairy Food Intake for Improving Health for Black Women in the US during Pregnancy, Fetal Development and Lactation](#)



[Healthy Dietary Patterns that include Dairy Foods can have an Important Role in Addressing Health Disparities Across the Life Continuum](#)

[A Review of Dairy Food Intake for Improving Health among Black Infants, Toddlers, and Young Children in the US](#)



[A Review of Dairy Food Intake for Improving Health among Black Children and Adolescents in the US](#)



[A Review of Dairy Food Intake for Improving Health among Black Adults in the US](#)



[A Review of Dairy Food Intake for Improving Health among Black Geriatrics in the US](#)



Enjoy Dairy Foods with Confidence

Everyone tolerates lactose differently. The good news is there are a variety of lactose-free and lower-lactose choices that deliver on taste and nutrition.

CLICK HERE

to view a short video on lactose intolerance!

Amount of Lactose per Serving From Lowest to Highest



Lactose-free Dairy Milk

1 CUP (8 OZ) SERVING

Lactose-free dairy milk is real milk, just without lactose.

0g



Natural Cheeses

1.5 OZ SERVING

Due to the steps in cheese making and natural aging, natural cheese contains minimal amounts of lactose. Natural cheeses like Cheddar and mozzarella have less than 1 gram of lactose.

<1g

<1g



Ricotta Cheese

1/4 CUP SERVING

This soft, natural cheese contains minimal amounts of lactose.

1.2g

1.9g



Ice Cream

2/3 CUP SERVING

There are lactose-free dairy milk ice creams available.

3.2g

3.9g



Yogurt

3/4 CUP SERVING

The live cultures in yogurt help digest some of the lactose.

4.2g

5.7g



Buttermilk

1 CUP (8 OZ) SERVING

Due to the steps in making buttermilk and its acidity, it naturally contains less lactose than regular milk.

8.5g

9g



Butter

1 TBSP SERVING

Butter is made by separating milk from butter fat, so there are only trace amounts of lactose, if any.



American Cheese

1 SLICE SERVING

American cheese is made from natural cheese, which contains minimal lactose.



Cottage Cheese

1/2 CUP SERVING

Due to the steps in cheese making and curd separation, cottage cheese has a fraction of the lactose in milk. Lactose-free options are also available.



Greek Yogurt

3/4 CUP SERVING

There is less lactose in Greek yogurt because the straining process removes some of the lactose.



Kefir

1 CUP (8 OZ) SERVING

The live cultures in fermented milk products help digest some of the lactose.



Dairy Milk

1 CUP (8 OZ) SERVING

Try small amounts of dairy milk in smoothies, on cereal or with meals. Having milk with solid foods helps slow digestion, which can mean it's better tolerated.

12.6g

Lactose content based on the Reference Amount Customarily Consumed (RACC) and data from FoodData Central: <https://fdc.nal.usda.gov/>. Accessed October 2022. Ricotta lactose content based on Facioni MS et al. 2020, Di Costanzo M et al. 2020 and Food Standards Australia New Zealand. Detailed data is on file and available upon request.

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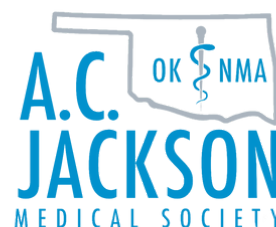
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2025 REGIONAL MEETING



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REGION V ANNUAL CONFERENCE

APRIL 4-5, 2025

TULSA, OKLAHOMA

*Tulsa Doubletree Downtown
616 W 7th St, Tulsa, OK 74127*

CO-HOSTED BY:
**A.C. JACKSON
MEDICAL SOCIETY**



For more information, contact Derek Lewis II at
edregion5nma@gmail.com or visit our website at nmaregionv.com

